FROM OUR PRINCIPAL
NATIONAL VOLUNTEERS WEEK 11-17 MAY
National Volunteer Week is the largest celebration of volunteers in Australia.
Today at Worship and Praise we had the opportunity to highlight the things that volunteers do at Immanuel eg.
“Carers group, P&F group, cooking, reading, garden, library, crossing monitor, excursions, our Pastors, School Council, knitting and more”. Children love it when they have their parent, caregiver or friend help’s in someway at school.
A sincere thank you to all who volunteer.
Thank you to Miss Lytwyn and Pastor Geoff for your message.
2 Corinthians 8: 13-14
“I am not trying to make life easier for others by making life harder for you. But it’s only fair for you to share with them when you have so much and they have so little. Later when they have more than enough and you are in need, they can share with you. Then everyone will have a fair share.”
Also today our Carers Group was acknowledged for their volunteering efforts at a special morning tea held by Tony Piccolo (MP Member for Light) at his office.
Sally Wandel and Sonya Dale were presented with a plaque for the work the Carers Group do.

ONE WEEK REMAINING TO PURCHASE A PAVER
• Single pavers $50 and double pavers $90.
• Have your name go down in the history of Immanuel among our History Walk path.
• Supporting our 30th Birthday Celebrations

WALK SAFELY TO SCHOOL DAY  Friday the 22nd of May
• This is the 16th annual National Walk Safely to School event. The objectives are to encourage parents / carers to walk to school with primary aged children and to promote the health benefits of walking and create regular walking habits.
• Immanuel student and families are encouraged to walk to school from their homes, or they may wish to meet an ILSG staff member at one of these 2 locations and join the group and Walk Safely to School.
• Location 1 - Apex Park, Julian Tce (opposite Steinborner Holden) meet at 8.25am
• Location 2 - Clonlea Park (near the tennis court) meet at 8:25am

Assembly
Next Wednesday 20th May with Mrs Eckermann’s Year 2’s

Worship & Praise
Friday 22 May with Ms Hodges’ Year 3’s
Friday 29th May with Miss Ivett’s Foundation class

BULLETIN
Term 2 Week 3
15th May 2015

Important Dates Term 2

Term 2 Week 4
Mon 18th to Wed 20th May
Year 6/7 camp
Mon 18th Yr 1 Excursion to Zoo
Tues 19th ICAS Digital Tech (Yr 2-5)
Thurs 21st May - Yr 2 excursion to Clonlea Park
Fri 22nd May “Walk Safely to School Day”

Term 2 Week 5
Thurs 28th May - Biggest Morning Tea
Fri 29th May - Casual clothes day, fundraising for Nepal

Term 2 Week 7
Monday 8th June Public Holiday
Thursday 11th June 8am
Parent workshop “Homework Kit”
for Foundation, Yr 1 & 2
Thursday 11th June 1.10pm
Luncheon Music Concert (parents welcome).

Term 2 Week 8
Friday 19th June - Cabaret Night

Term 2 Week 9
Semester 2 reports sent home this week.
Friday 26th June - last day of Term 2

Monday 29th June
Parent Teacher Interviews will be conducted during the day and early evening. Booking information will be available shortly.

3 week school holiday break

Term 3 starts Monday 20th July

“Celebrating 30 years of Lutheran Education in Gawler”
**IMMANUEL IS HOSTING “THE BIGGEST MORNING TEA”**

- **Thursday 28th May from 9am until 10am under the Shelter.**
- **Thursday 28th May**
- This is a good chance to socialise with other parents, enjoy some games, a cuppa and a yummy morning tea.
- There will be a gold coin collection for “Cancer Council”
- Please bring a plate of morning tea to share and wear a splash of yellow.
- Come and join us - we hope to see you there.

**CARERS GROUP**

- Thank you Carers Group for organising the lovely gifts made available for the Mothers Day Stall. It was a terrific surprise to the mums, grandmas and special people on Sunday 10th May.

**CARABET EVENING - Friday 19th June**

- Music, beverages, nibbles & great company
- Keep this date free
- More information being sent home soon

**HOST FAMILIES NEEDED**

- A group of 12 Japanese girls from Musashino Japan will be visiting our school again this year. Dates are: 31st July to 20 Aug 2015.
- We are calling on families to help host these students.
- It is a lovely experience to host a Japanese student in your home. The student will attend a school program at Immanuel during their stay.
- For more information or to register your interest please contact the school office.

**SLEEP**

Healthy children learn better.
Over the past few decades the focus has been on eating a healthy diet and regular exercise. A good nights sleep is also paramount to your child’s health. Primary School children who have sleep problems or have late nights have trouble with their school work and behaviour.

Here are some suggestions that parents and carers can do to help their child get a good nights sleep.
- Have regular bedtime and wake time (this shouldn’t be more than an hour later on weekends and during holidays
- Have a good bedtime routine (read to younger children or let older children listen to relaxation music)
- Children’s rooms should be quiet and dark and not too hot or cold
- Reward good night time behavior
- Avoid caffeine based drinks (coffee and coke)
- Avoid spicy or salty foods in the evening
- Avoid any scary movies, computer games and rough play before bed
- Remove TV’s and computers from children’s rooms

Children aged five to twelve need 10-11 hours of sleep per night.

**KOOKABURRA sits on the monkey bars**

We thank God for his wonderful creations.